

GOES "BACK TO BALLROOM BASICS"

SATURDAY AFTERNOON WORKSHOPS 2.00-4.30PM

TEACHING ONE DANCE AT A TIME, STARTING WITH THE
QUICKSTEP

ON **SATURDAY 11TH JUNE 2016** AT
CHRISTCHURCH COTMANHAY & SHIPLEY CHURCH
HALL
VICARAGE STREET, ILKESTON, DERBYS. DE7 8QL

Every second Saturday we take the afternoon to guide you through the basic structure of Waltz, Quickstep, Modern Tango and Foxtrot. Our Workshops are suitable for all abilities – from beginners to intermediate – anyone that would like to improve their skill, style,, confidence and learn a few more moves. We will recap on the basics and soon have you moving on the dance floor with the music and your partner. We finish with a practice session for everyone at 4.00pm.

Partners preferred - but if you're on your own and would like to join in, please get in touch. To book on line: www.hopfrogs.co.uk or call 07930 624282



DATES FOR YOUR DIARY:

12TH MARCH: FOXTROT

9TH APRIL: WALTZ

14TH MAY: FOXTROT

11TH JUNE: QUICKSTEP



*2.00PM START *2.45PM BREAK *3.00PM START *RECAP: 3.45PM
*4.00PM PRACTICE

How Much Will It Cost?

£5.00/SESSION /£8.50 ALL AFTERNOON (REFRESHMENTS INCLUDED)

Heather: 07930 624282/Jayne: 07557 220375

Qualified Professional Dance Teachers: Members of IDTA, NATD, GPTD & ISDC

 heather@hopfrogs.co.uk  www.hopfrogs.co.uk